

Aurora's Degree & PG College

(ACCREDITED BY NAAC WITH 'B++' GRADE)

Chikkadpally, Hyderabad 500020

EVENT / ACTIVITY DETAILED REPORT

Report on first aid and Bystander Life Support (BLS)

NAME OF THE EVENT / ACTIVITY	First aid and Bystander Life Support (BLS)
TYPE OR TITLE OF EVENT / ACTIVITY	Workshop
FACULTY INCHARGE	Ms.Chandrakala P
DEPARTMENT/CELL/COMMITTEE/CLUB	Social Activity
DATE	September 28 th , 2018
VENUE	Aurora's Degree & PG College
TARGET AUDIENCE	UG and PG students

Brief about the Event:

Social Initiatives of Aurora's Degree &Pg College in coordination with Aware Gleneagles Global Hospital, L.B. Nagar, Hyderabad organised a workshop on first aid and Bystander Life Support (BLS) at Main Block, on September 28th, 2018, for UG and PG students. The objective of this initiative is to minimize the damage and loss during medical emergencies by training students to administer immediate care to keep a patient stable until medical help arrives. This initiative was done by Ms. P. Chandrakala, Social Activity Co-ordinator. This workshop was done in two sessions. The students who have to attend afternunch classes had workshop in morning session, started at 10.30am to 12.00 am followed by gynaecologist talk on PCOD only for girl students. Similarly, afternunch session started at 2pm to 3.30pm followed by gynaecologist talk like morning session for the students who have classes in the morning. Dr. Raghu, Global Hospital's trained on methods that will help to save the lives of people who are in need of urgent medical attention such as those lying unconscious and those who suffer from choking or burns. For example, if we come across someone lying unconscious on the road, we need to do first tap on his body to check his response. If there is no response, the body pulse needs to be checked and the nearest hospital should be contacted

for help. Before the ambulance arrives, cardiopulmonary resuscitation should be administered on the chest.

In his training he has explained the following precautions to be taken: In case of accidents, “Before approaching a scene of accident always make sure that the scene is safe and take adequate precautions for your personal safety. Make sure you do not come into direct contact with blood and body fluids” he said.

In case of heart attack he said:

- If the person has persistent chest pain or discomfort with breathing difficulty, palpitations or sweating he might be having a heart attack
- Convince the victim to stop activity and help him to rest comfortably. If he is known case of heart disease and if his doctor has prescribed medication like aspirin or sorbital, give it to him
- Shift the patient to the hospital as early as possible. Be prepare to give CPR if the victim’s heart stops beating

Also he explained the firs aid we have to give a patient medical care which is used for victims, in the case of snake bite, brain attackburns, diabetic emergencies, and do’s and don’t’s in the case of medical emergencies. At the end of the training, the management of the Global Hospital issued certificates to the students.







